

# CRIUGM RESOURCE PERSONS

*We are here to help you!*

## Meri Arushanyan

*"You're never alone, I'm listening."*

Research professional  
Languages: French, English, Armenian, Korean  
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## Florence Borgetto

*"Talking transforms us because it forces us to clarify our ideas, but listening is even more powerful, because it opens us up to worlds other than our own." Christophe André*

Research professional  
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## Mehdi Es Souni

*"Listening to you, accompanying you, in all benevolence."*

Research professional  
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## Lylou Guilloton

*"I'm here to foster a caring and understanding environment, where everyone feels listened to and encouraged to prioritize their well-being."*

Master's student  
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## Bérengère Houzé

*"Offering an attentive ear and a caring perspective, so that everyone finds a peaceful space to speak within the CRIUGM community."*

Research professional  
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## Sandra Massoud

*"In order to foster a harmonious, pleasant and comfortable working environment for everyone."*

Research professional  
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## Aline Moussard

*"There is a crack in everything, that's how the light gets in." Leonard Cohen*

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## Amanda O'Farrell

*"Collective kindness fosters individual well-being. I want to be a positive landmark in our community."*

Ph.D. student  
Languages : French, English  
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## David Predovan

*"Having completed my doctoral studies at CRIUGM, I have the well-being of students and employees at heart. As a resource person, I offer a listening ear to foster a supportive and respectful environment, where everyone feels valued and understood."*

Research professional  
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## Lucas Ronat

*"I believe it's essential to feel safe and comfortable at work. Therefore, it's important to have accessible solutions in case of personal or professional difficulties. In this way, I'm trying to contribute to democratizing these solutions among my peers and colleagues."*

Post-doc  
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## Mélodie St-Georges

*"I want to be a resource person because it's important to me that everyone feels good in their workplace."*

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Languages : French, English  
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## Yi Ran Wang

*"We can't help everyone, but everyone can help someone." Ronald Reagan*

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